

# The Health Industry Forum: State Approaches to Addressing the Effects of Provider Consolidation

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### PROGRESSION OF HEALTH CARE REFORM IN MASSACHUSETTS

YEAR	MASSACHUSETTS HEALTH CARE REFORMS				
1990s	<ul> <li>Insurance Market Reforms</li> <li>Guaranteed Issue</li> <li>Modified Community Rating</li> <li>Pre-Existing Condition Limitations</li> </ul>				
2006	Expansion of Insurance Coverage				
	<ul><li>Individual Mandate</li><li>Employer Responsibility</li></ul>	<ul><li>Medicaid Expansion</li><li>Insurance Exchange</li></ul>			
2008	Chapter 305 – Cost Containment Legislation I  • AG Authority to Examine Cost Trends				
2010	Chapter 288 – Cost Containment Legislation II  • Transparency  • Tiered/Limited Network Products  • Reform of Unfair Contracting Practices				
2012	<ul> <li>Chapter 224 – Cost Containment Legislation III</li> <li>Oversight of Payment Reform &amp; Provider Registration</li> <li>Benchmark Health Spending to Gross State Product</li> <li>Price Transparency for Consumers</li> </ul>				



### MASSACHUSETTS ATTORNEY GENERAL'S MARKET EXAMINATIONS

- Confidentially Reviewed Documents: Insurers and providers produced contracts and performance data.
- Examined Health Care Leaders: Took testimony from financial and medical leaders at insurers and providers.
- Team of Experts: Engaged experts in health care contracting, actuarial sciences, economics, and clinical quality measurement.
- Examination Reports: March 16, 2010; June 22, 2011; April 24, 2013; June 30, 2015; September 18, 2015.



### **EXAMINATION HIGHLIGHTS**

- 1. Prices paid by health insurers to hospitals and physician groups vary significantly.
- 2. These variations are not explained by quality, patient complexity, or other common measures of consumer value.
- 3. Variations in prices are correlated to provider and insurer market leverage.
- 4. Global budgets vary significantly and globally paid providers do not have consistently lower medical spending.
- 5. Price increases, not utilization, have been the primary driver of health care cost growth over the last decade.



### **MARKET TRANSPARENCY**

- Annual reporting of provider relative prices and global budgets, including variation in prices by payer and provider
- Annual reporting of total medical expenses by provider and geography
- Real-time information on price and consumer cost-sharing by service
- APCD and corresponding database of provider organizational structure and affiliations (Registration of Provider Organizations)
- Real-time updates to provider organizational structure and affiliations (Provider Material Change Notices)
- Database of standardized quality metrics used to evaluate provider performance (Standard Quality Measure Set)



## TYPES OF MARKET CHANGES IN MASSACHUSETTS

#### **April 2013 to Present**

Type of Transaction	Frequency
Physician group acquisition or affiliation	26%
Acute hospital acquisition or affiliation	20%
Clinical affiliation	20%
Formation of contracting entity	15%
Acquisition or affiliation of other provider type (e.g., post-acute)	11%
Change in ownership or merger of corporately affiliated entities	7%
Affiliation of provider and carrier	2%

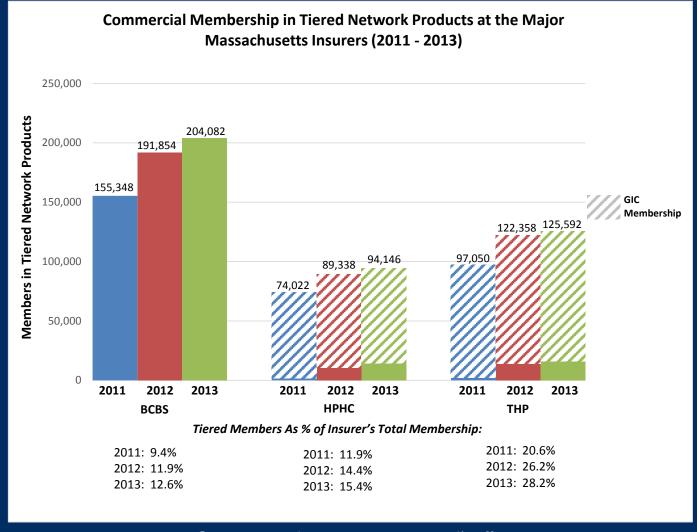


### **MARKET ORIENTED INITIATIVES**

- Prohibiting unfair contracting practices
- Regularly reporting standardized metrics of provider cost and quality
- Evaluating and rewarding providers based on those metrics
  - Developing tiered and limited network products that differentiate providers based on standardized cost and quality metrics
  - Certifying PCMHs and ACOs based on standardized cost and quality metrics
  - Awarding care delivery transformation grants based on standardized cost and quality metrics



### GROWTH IN TIERED NETWORK PRODUCTS IN MASSACHUSETTS





### **REGULATORY INITIATIVES**

- Pegging statewide health care cost growth to growth in potential gross state product
- Insurance rate review
- Establishing a Provider Price Variation Commission to "recommend the maximum reasonable adjustment to a commercial insurer's median rate . . . for each acceptable factor [contributing to price variation]"



### **ONGOING MONITORING**

- Analyzing and reporting on health care cost drivers in connection with annual cost trend hearings
- Evaluating the impact of market changes on cost, quality, and access (Cost and Market Impact Reviews)
- Monitoring payer and provider performance under the statewide cost growth benchmark (Performance Improvement Plans)



### OVERVIEW OF COST AND MARKET IMPACT REVIEWS

The Health Policy Commission tracks proposed "material changes" to the structure or operations of provider organizations and conducts Cost and Market Impact Reviews of:

- 1. Transactions anticipated to have a significant impact on costs or market functioning
- 2. Providers identified as having excessive cost growth relative to the statewide cost growth benchmark

#### What it is

- Comprehensive, multi-factor review of the providers and their proposed transaction
- Consists of a preliminary report, an opportunity for the providers to respond, followed by a final report
- Promotes transparency and accountability, encouraging providers to address negative impacts and enhance positive outcomes of transactions
- Proposed changes cannot be completed until 30 days after the HPC issues its final report, which may be referred to the state Attorney General for further investigation

#### What it is not

- Differs from Determination of Need reviews by Department of Public Health
- Distinct from antitrust or other law enforcement review by state or federal agencies



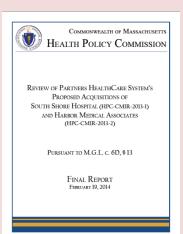
## EXEMPLAR QUESTIONS FOR EVALUATING MARKET IMPACT

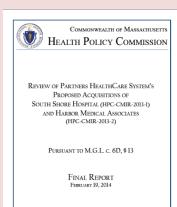
	Costs	Quality	Access			
What do we know from the terms of the transaction?	<ul> <li>Will prices change?</li> <li>Will care shift to lower or higher priced providers?</li> </ul>	<ul> <li>What areas are identified for quality improvement?</li> <li>How do the parties propose to address these areas?</li> </ul>	<ul> <li>Any proposed changes in services?</li> <li>How do any changes affect any shortages/ oversupply of services?</li> </ul>			
How will provider and market structure change?	<ul> <li>Will market share or concentration increase/decrease?</li> <li>What is the anticipated impact on bargaining leverage?</li> </ul>	<ul> <li>How are the parties aligning incentives?</li> <li>Does the proposed structure support greater clinical integration/population care management?</li> </ul>	<ul> <li>Will the resulting organization have higher or lower public payer mix?</li> <li>Higher or lower mix of low/negative margin services?</li> </ul>			
Ongoing evaluation of the parties' goals and plans	• Are the parties' plans internally consistent/supported by historic results?					

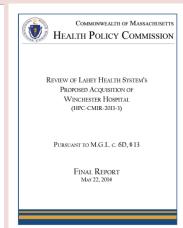


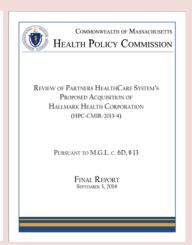
### EXAMPLES OF HEALTH POLICY COMMISSION MARKET MONITORING

#### **Four Cost and Market Impact Reviews Conducted**









#### Two Court Submissions Regarding Proposed Expansion by Partners HealthCare System







### CONTINUED MONITORING OF COST DRIVERS: PRICE VARIATION PERSISTS

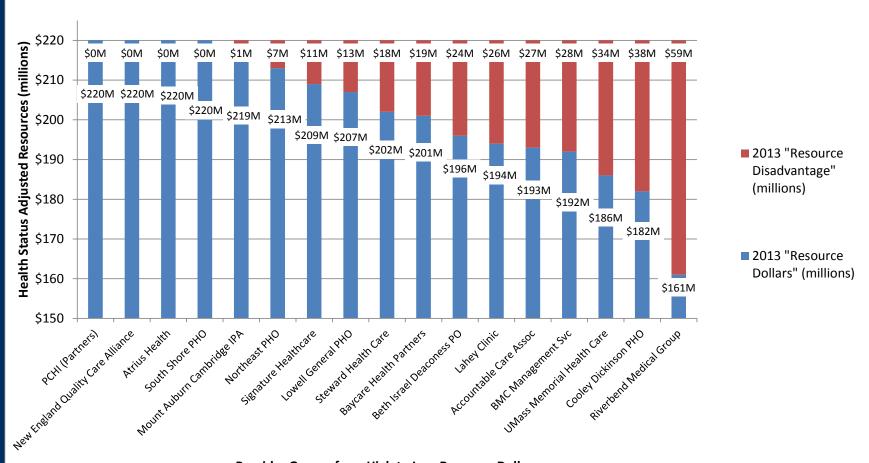
### Change in Extent of Price Variation by Hospital Peer Cohort from 2010 to 2013

	AMCs		Teaching Hospitals		Community Non-DSH		Community DSH	
	% Variation in 2013	Change in Variation Since 2010	% Variation in 2013	Change in Variation Since 2010	% Variation in 2013	Change in Variation Since 2010	% Variation in 2013	Change in Variation Since 2010
BCBS	66%	None	58%	Slight Decrease	225%	Moderate Increase	107%	Slight Increase
НРНС	43%	None	94%	Moderate Decrease	107%	Slight Decrease	144%	None
ТНР	95%	None	77%	Slight Decrease	109%	Slight Decrease	129%	None



### IMPACT OF PRICE VARIATION ON POPULATION HEALTH MANAGEMENT

Variation in Provider Group Health Status Adjusted Resources Available to Care for HMO/POS Risk Patients under Risk Contracts for a Major Commercial Insurer (2013)

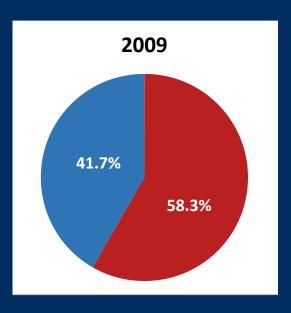


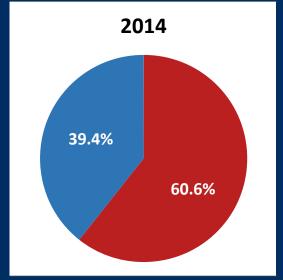
**Provider Groups from High to Low Resource Dollars** 



### MORE HIGHLY PAID PROVIDERS CONTINUE TO DRAW GREATER PATIENT VOLUME

### Share of Total Commercial Discharges in Massachusetts by Higher Priced and Lower Priced Hospitals







#### Notes:

- 1. Excludes discharges for normal newborns and specialty services not fully captured by available discharge data.
- 2. Higher priced hospitals defined as hospitals with above average prices (relative prices above 1.0) for the largest commercial insurer in 2013.
- 3. Hospitals without a relative price for 2009 or 2014 were excluded from this analysis.



### **MASSACHUSETTS RESOURCES**

#### **Attorney General's Market Examinations**

- www.mass.gov/ago/docs/healthcare/2010-hcctd-full.pdf
- www.mass.gov/ago/docs/healthcare/2011-hcctd-full.pdf
- www.mass.gov/ago/docs/healthcare/2013-hcctd.pdf
- www.mass.gov/ago/docs/healthcare/cctcd5.pdf

#### **Health Policy Commission Cost & Market Impact Reviews**

www.mass.gov/anf/budget-taxes-and-procurement/oversight-agencies/health-policy-commission/material-change-notices-cost-and-market-impact-reviews/hpc-cost-and-market-impact-reviews.html

### **Center for Health Information & Analysis Price Variation Reports**

www.chiamass.gov/relative-price-and-provider-price-variation

#### **Massachusetts Health Care Cost Containment Legislation**

- bluecrossmafoundation.org/chapter-288-acts-2010
- bluecrossmafoundation.org/publication/summary-chapter-224-acts-2012